

January 2020 Newsletter

Insurance/Health Report – Joe Polce

Benefits Office Change

Doris Toms, our contact person in the benefits office has retired. Doris was very helpful in helping retirees with insurance issues and she will be missed. Evelyn Davis will be our new contact until a replacement for Doris is hired. Evelyn's contact information is:

Email: evelyn.davis@fcps.org.

Phone: 301 644 5115

Medicare Part B Premiums/Deductible for 2020

The Medicare Part B premium has been set at \$144.60 which is up from \$135.50. This premium is based on an individual income of less than or equal to \$87,000 or a joint income of less than or equal to \$174,000. A chart indicating the complete scale for Part B premiums can be found at www.medicare.gov.

The Part B deductible has increased from \$185.00 to \$198.00 for 2020. Remember this deductible must be paid before CareFirst will process medical claims.

A Message from Medicare

Happy New Year from Medicare. Get a healthy start to the New Year by seeing your primary care doctor for your yearly wellness visit. It is covered if you've had Medicare Part B for longer than 12 months. Use this visit to develop or update your personalized prevention plan to help you stay healthy all year long. Medicare covers this wellness once every 12 months.

Wishing all a very happy and healthful 2020