

June 2018 Newsletter

Health/ Insurance – Joe Polce CareFirst

All retirees should have received a letter providing information about CareFirst as our new administrator. This takes effect July 1, 2018. Their web site should be up and running that will provide more information about their network. Anytime you ask a doctor if he/she is in the network, make sure you state the correct CareFirst plan. We are in the BlueChoice Advantage plan with FCPS. There will be some minor headaches as we maneuver through the new administration. Just remember only the administrator of our plan has changed not the plan itself. Benefits were either enhanced or remain the same. The letter you received has the contact information if and when needed.

Vision Plan Enhancement

Beginning January 1 2019, the vision plan allowances will increase from 1000 to 1500 and 2000 to 2500 depending on which plan chosen. Keep this in mind during the open enrollment period when changes can be made.

Hearing Aids

For the first time, hearing aids will be covered under the medical plan with a limit of \$3500 per a two year period. Prior authorization is required from CareFirst. CareFirst is to provide a list of reputable providers from which to choose. There are many business advertising hearing aids so care must be taken that a wise choice is made.

CareFirst Blue Rewards Program

All retirees will be eligible to participate in the Blue Rewards program. This is an incentive program that offers members with a financial reward for taking an active role in getting healthy and staying healthy. The reward for participating and completing the program is a \$100.00 health savings card that can be used for most health related costs. To participate, a member must complete an online health assessment and a biometric health screening annually. Of course visiting your PCP on a regular basis is also required. More information will be available on the CareFirst web site.