

## **Insurance News, 2022**

### **Human Resources Change**

Danna Clabaugh is no longer the Senior Manager, Benefits, Wellness in Human Resources. She has transferred to another department within FCPS. That position is currently advertised. Christine Hubble 301 644 5052 is still the retiree contact.

### **Premiums for FY23**

The Insurance Council has recommended a 5.5% increase with the medical and prescription insurance premium. This increase is subject to final negotiations with the Unions and FCPS. There will be no increase with the dental insurance premium.

### **Burn Along**

This is a personalized health and wellness program in which retirees may participate. This a virtual program so you can participate from your home. You may preview the program at [burnalong.com](http://burnalong.com). If you are interested, you must contact Phoebe.Barreto@fcps.org for registration information. List your full name and email address and she will send you a link to sign up. There is no charge to the retiree.