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President's Message by Kenny Garvey



Summer is coming to a close. For many, Labor Day marks the unofficial season finale. Meteorologically, of course, summer doesn't end for another month, with the autumnal equinox. But, as former school employees, we know the true harbingers of fall: teachers returning to their classrooms to prepare for the arrival of their charges: school buses being prepared for their daily runs and drivers out practicing their routes; school kitchens being cleaned and sanitized; and hallways being buffed to a high shine. However we define it, summer's end is upon us, and autumn, beautiful autumn, is just around the corner.

George Eliot wrote, "If I were a bird, I would fly about the Earth seeking successive autumns." Nathaniel Hawthorne opined, "I cannot endure to waste anything so precious as autumnal sunshine by staying in the house." Autumn's gifts of beautiful weather and colorful foliage are not to be missed. We are fortunate that we needn't "fly about the Earth" to partake of these gifts as Frederick County offers a cornucopia of outdoor activities to help us enjoy the wonderful "autumnal sunshine" and colors of the season.

The **FCRSPA outdoor picnic** is Sept 13 (more info in this newsletter), the **Great Frederick Fair** runs Sept. 15-23, **Frederick's Oktoberfest** is Sept 29-30, **Fall Fest at Rose Hill Manor** occurs Oct 7-8 and the **Catoctin Colorfest** occurs the weekend of October 15-16. Let's not forget about **First Saturday** in Downtown Frederick for the months of September, October and November. Frederick County also boasts a number of local farms that host "agritourism" events, including **pumpkins patches**, **corn mazes**, **petting zoos** and other **fall festivals**.

So, make some time to get outside this autumn. Take your family, go on a group tour or just go it alone but, get out there. Partake! You'll be glad you did and, who knows, you might just run into a few friends.

Kenny G.

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Insurance/Health – Colette Baker

Premiums for FY 24

There was a 9.5% increase with our medical insurance effective July 1, 2023. There was no increase with the dental insurance and the premiums will be the same as in FY 23.

Open Enrollment

Open enrollment for retirees will be October 16 through October 31, 2023. This open enrollment period is for insurance changes to begin January 1, 2024 as our plan year is January 1 to December 31. There will be more information regarding the open enrollment process mailed to retirees in the near future.

Retiree Health Fair

The Human Resources Department is planning a health fair on Friday, September 29, 8 am to 1 pm. The fair will take place at the LLC – Frederick Commons, formerly known as the Staff Development Center in Walkersville. The Department will provide more details very soon regarding what vendors and services will be provided.

Retirees Turning 65

If you are in this category, you should apply for Medicare. The HR Department will need a copy of the Medicare Part A and B card prior to your 65th birthday. CVS will provide information regarding the Silver Script prescription drug coverage.

Some of our members have requested information about the local chapter of AARP. IF you are a member of the National AARP, you are eligible to join our local AARP Frederick Chapter 636.

If you are interested in more information, email the local AARP membership chair, Jan Dinterman, who also a member of FCRSPA.

jandinterman89@comcast.net

Remembrance and Sunshine Committee



Please notify us if you know of any members who are ill, have passed away, or who have had an immediate family member pass away. We will send thinking of you, get well, and sympathy cards.

Brenda Martz
brmartz@comcast.net

Faye Buckingham
Buck0107@comcast.net

Help Wanted!

FCRSPA President-Elect, Nominating Chair, AARP Liaison

We train! We do good work! We need YOUR help to keep us strong!

Contact Kenny Garvey today to join our Board of Directors team at mrgarvey@msn.com

BLANKETS FOR COIPP Back at CTC



C.O.I.P.P.

Children Of Incarcerated Parents Partnership

Hooray!

We are getting together again to make no-sew blankets for the Children of Incarcerated Parents Partnership. Thanks to the Career Tech Center we will be meeting on Tuesday, September 19 from 12:00-3:00 in the Spires Café. If you are

able to join in the fun and catch up with old friends, all you will need to bring with you is a pair of sharp scissors.

Please contact Sally Smith by September 15 so that we can be sure to have enough kits. Hope to see you soon.

simplysally@comcast.net or [REDACTED]

Help us
to help them
to help FCPS students

Community Services

Irene Bailey, Claudia Harrington, Charlie Perry

At the Lewistown luncheon on July 19 several bags of toiletries were collected and then donated to SHIP (Student Homelessness Initiative Partnership). SHIP accepts travel-size or full-size toiletries for needy or homeless students -- everything from soap and toothpaste to shaving and feminine products-- and has been very appreciative of FCRSPA's contributions.

The school supplies and cash that were donated were combined with some previously collected and split between two schools, Spring Ridge and Heather Ridge.

Please contribute what you can at the September 13 picnic, whether it's cash, toiletries, or school supplies. There will be plenty of good sale prices this time of year. Also, if you've been retired a long time and feel a little out of touch with what students need, take a look at some of the school supply request lists that are posted at many of the retail outlets.

One thing that those "in the trenches" have mentioned recently is a need for boxes of tissues. Families stretching budgets as far as possible for basic school tools may not be able to add tissues to their students' backpacks. If you can't make it to the picnic, bring a few school items to the December 7 Holiday Breakfast along with the usual Toys for Tots. Students at every level will be needing supplies all year long!

The Community Services Committee continues to send our well-received "Hello" notes to Emeritus members.

Musical Volunteer Opportunity



The Boys and Girls Club of Frederick, 413 Burck St., Frederick, MD 21701, has recently received donations of musical instruments, including a piano. The staff is hoping to find someone with a love of music to visit the clubs and give the children and staff some insight (and maybe lessons?) on how to utilize these gifts. Please contact Tamika Thrasher, Director of Boys and Girls Club of Frederick County at timikat@bgcfc.org [REDACTED]



FCRSPA HELLO FALL

HAPPY HOUR

Tuesday, October 10, 2023 4-7 p.m.



Come join the fun! All members and their guests are welcome.

Inside and outside seating.

No cover, plenty of free parking and run your own tab.

The Capital Crave

5901 Old National Pike (Old VFW Golf Course)

Please RSVP to

Sally Smith

simplysally@comcast.net

by October 5, 2023

Looking forward to seeing you!

FCRSPA Scholarship Update
Nancy Gordon
FCRSPA Scholarship Chair

Four scholarships were awarded from the FCRSPA Fund and from the FCRSPA/Petre Fund. The two funds are managed by the Community Foundation of Frederick County with the criteria reviewed annually by the FCRSPA Board of Directors and Dr. Richard Petre. Several members of FCRSPA, Bonnie Strine and Shirley Stroup, are part of the Community Foundation Review Panel which selects the winning recipients.

FCRSPA encourages members to contribute in March to the scholarship funds as part of the Community Service Committee outreach. Approximately \$1600 was added to the FCRSPA fund so far in 2023. In addition, members can contribute annually and dedicate the funds in honor or memory of an individual.

Please consider making a contribution to the fund. You may send them to our treasurer, Shirley McDonald [REDACTED]. Checks should be made out to Community Foundation of Frederick County, memo: FCRSPA Fund. Thank you for your dedication to helping students complete their education.

Three of the 2023 scholarship recipients submitted bios.

My name is Abigail Atallah and I recently graduated from Walkersville High School.

My high school experience was enjoyable. I participated in numerous sports such as swimming and lacrosse, and also competed in unified sports such as bocce and track. This fall, I will be attending the University of North Carolina Wilmington to double major in special education and elementary education with a minor in psychology. My career goal is to become a behavioral specialist and to continue to work with the special needs community.

Thank you!!

Abigail Atallah

My name is Rowan Rain Lippy.

I graduated from Urbana High School in 2022. Currently I am entering my sophomore year at Shenandoah University where I am working towards my Bachelor's of Science Degree in Elementary Education with an additional Certification in Special Education and my Bachelor's of Art degree in Dance. My hope is to pursue a career as an elementary or special education teacher and teach young children to dance during the evenings. I have always known I wanted to be a teacher. It was when I began assisting my dance teachers when I was in 6th grade that I realized I could combine my two passions -- dance and education. During high school I danced approximately 15 hours per week, while maintaining a 4.7 weighted G.P.A.

My freshman year at Shenandoah has provided me the opportunity to have field placements in elementary school classrooms while still being able to perform in their conservatory. I was on the President's list for both the fall and winter semesters. Next year, I look forward to the opportunity of being a Resident Life Assistance. Currently, I am a substitute dance teacher for Center Stage Performing Arts Center, a Summer Camp Instructor and Summer Class Instructor at Center Stage Performing Arts Centers, and a supervisor at Adventure Park.

I appreciate being a recipient of the FCRSPA Scholarship. The scholarship allows me to pursue my dream of being both an elementary school teacher and a dance teacher at a university that I love.

My name is Autumn Resnick and I graduated from Tuscarora High School in the year of 2020.

Although my high school experience was cut short because of Covid, it was very enjoyable. I was a part of the National Honors Society, the National English Honors Society, and the girls lacrosse team. I am currently going into my senior year at Hood College. My major is Early Childhood Education, with a focus in special education. My career goal is to become a memorable teacher to all my students. I would love to teach an inclusive Pre-K class.

The fourth recipient was **Briley Sanford**.

HELLO

As always, we appreciate your assistance in recruiting new members, sharing the names of those who have passed away, and informing us of contact information changes. It really is a team effort. **MRSPA continues to offer a \$10 gift card to ANY member who recruits a NEW member who signs up for DUES DEDUCTION as well as a \$10 dues savings for members who switch to DUES DEDUCTION.**

See the end of the newsletter for forms.

Since our last newsletter, we have gained **12** new members, but sadly, we have lost **4** members to the Memorial Roster.



Mary Beth	Bates	
Michelle	Baughman	
Angela	Boyer	
Rosanne	Fraley	
James	Kelly	
Cathy	Leatherman	
Harry	Nogle	
Sue Ann	Nogle	
Janice	Police	
Kim	Schmidt	
Mary	Skowronski	
Stephanie	Steinly	

Our FB page provides up-to-date, FCRSPA-related news and reminders. If you are a FB member, you should be able to find our page by going to FaceBook, then Groups, then typing **FCRSPA** in the search bar. All requests will be vetted against our membership roster.

Currently we have **263** members who have joined our page.

Please join us!



Find us on:
facebook®

Member Changes



PLEASE add the following changes noted in **bold font** to your records as well the New Member list

Karen	Baker	
Cheryl	Concannon	
Wayne	Delauter	
Susan	Douglas	
Dorothy	Fogle	
Lucinda	Jensen	
Samuel	Johnston	
Susie	Johnston	
James	Kennedy	
Barbara	Lewis	
Patsy	Main	
Vickie	Marsh	
Maria	Martin	
Pamela	Martin	
Deborah	Miller	
Karen	Miller	
Jennifer	Perry	
Gail	Picking	
Jose	Rosapepe	



Robert Guyton

2/10/1932 ~ 6/17/2023



James Hoffman

4/17/1939 ~ 7/15/2023

In Memoriam



Dixie Sterling

12/19/1930 ~ 7/13/2023



Dolores Wojcik

6/25/1942 ~ 7/24/2023

1

"EACH ONE REACH ONE"

You know why you belong to MRSPA and FCRSPA. Talk to retired friends and invite them to join us.

You know why you are a member. Let your friend know, too! We have learned from new members that personal contact is the most effective approach to recruit new members.



It was a pleasure to welcome new member, Michelle Baughman, at the July luncheon in Lewistown.

**Dues are Due!**

Members who pay by check or credit card should have received their billing notices in late June. Final billing will occur in late August. Those who do not renew by November 1, will be dropped from the membership list.

Please renew. We don't want to lose you!



**Notes
from
MRSPA**

The August dues deduction file will be sent to MSRA (Maryland State Retirement Agency) by August 4 and dues will be deducted for these members on August 31, 2023.

Kenny attended the July 25th President's meeting where MRSPA recognized FCRSPA for the most members of a middle-sized unit switching and saving with automatic dues deduction..

Current **cash** payers, who have not yet paid their dues, are eligible for **Switch and Save** and can have their dues deducted any month. Please encourage current cash dues payers (who haven't already paid their dues for 2023-2024) to Switch and Save!

**Some FCRSPA Data**

Between July 1, 2022 and July 2, 2023. FCRSPA

- Enrolled 59 new members
- Lost 21 members to the Memorial Roster

As of July 29, 2023, FCRSPA listed

- 775 Unified members
- 33 Local only members

July Luncheon



Lincoln Elementary's **Heather Quill**, Maryland's 2023 School Counselor of the Year, was the guest speaker at the July indoor picnic luncheon at Lewistown Firehall. A 30 year educator veteran, Heather has served 24 of those years as a school counselor. She spoke to the group on trauma-informed care and restorative practices as well as emotional regulation and the connection to academic success.



Photos Courtesy of
Frank Julia

Debbie Thackston

Sip! Sip! Hooray! Happy Hour at Avery's



BRING A FRIEND AND JOIN US AT THE FCRSPA FALL PICNIC

Wednesday, September 13, 2023

11:30 am lunch served at NOON

\$20.00 per person



Ballenger Creek Park (Shelter #1) 5420 Ballenger Creek Pike, Frederick, MD 21703

From Frederick: Follow Ballenger Creek Pike to park entrance road on the right. Continue on this road as it curves to the left passing playing fields and shelters. **Shelter # 1 is the first large shelter on the left (NOT the same as last year).**



SLICED BEEF BRISKET, PULLED CHICKEN, MACARONI AND CHEESE, BAKED BEANS WITH BRISKET, COLE SLAW, SLIDER ROLLS, COOKIES AND ASSORTED BEVERAGES

RESERVATIONS ARE DUE TO ANN KEYFAUVER, [REDACTED] by September 6, 2023.

Name _____ Guest _____

Phone _____ Email _____ Total Attending _____

Have you become a new member since March 2022? _____ Emeritus (90 or older) _____

_____ Amount enclosed (\$20.00 per person Members and Guests)

To pay online via Stripe, use one of the links below; note there is a \$1.00 service charge per person.

- one person: <https://buy.stripe.com/3cs15q7jOekl6AMfZ7> ~ \$21.00
- two people: <https://buy.stripe.com/8wMdS2dlcgst6AM28i> ~ \$42.00
- three people: <https://buy.stripe.com/3cs01ccE86RTe3e9AL> ~ \$63.00
- four people: <https://buy.stripe.com/28ocNY7jO0tvbV628k> ~ \$84.00



MRSPA Membership Application (Please Print)
(New Members Only)

Name _____ Date of Birth _____

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Cell Phone _____

Email _____

Your Position at Retirement:

- Administrator/Supervisor Non-Certificated/Support Staff
 Teacher/Other Certificated Other _____

Retired from _____ Date of Retirement _____
(County/Local)

Payment Options:

- Dues Deduction from pension authorization. I hereby authorize annual dues deduction from my retirement check or deposit. This authorization shall remain in effect until I revoke it. By authorizing dues deduction, I will receive a one-time \$10 reduction in my state dues. (see chart on the back)

Signature _____ Date _____
(Social Security Number Required) _____

Forms with Social Security #'s are destroyed when MRSPA is notified of dues deduction.

- Enclosed is a check made payable to MRSPA.
 I prefer to pay by credit card. Please go to www.mrspa.org
 Signature: _____ Date _____
 Do not share my information with member benefits providers.
 I prefer to receive the MRSPA Newsletter electronically.
 Referred or Recruited by: _____

Return completed form to:
MRSPA
8379 Piney Orchard Pkwy Suite A
Odenton, MD 21113

<i>Local and MRSPA Dues</i>				
	Local Dues	MRSPA Dues	Total Dues	Total for Dues Deduction Only
Frederick Co.	\$10	\$45	\$55	\$45

The MRSPA Membership year is July 1 through June 30



MARYLAND RETIRED SCHOOL PERSONNEL ASSOCIATION
8379 Piney Orchard Parkway, Suite A
Odenton, MD 21113-1508

SWITCH AND SAVE!
AUTHORIZATION FOR ANNUAL DUES DEDUCTION

I hereby authorize the Maryland State Retirement Agency to deduct state and local annual membership dues for the Maryland Retired School Personnel Association from one of my retirement checks each membership year. This authorization will remain in effect until cancelled by written notice by me. I understand that my full social security number is required, if I wish to become a dues deduction member.

Print Name _____ SSN: _____

Signature: _____ Date: _____

Please mail this form to the Odenton, MD address above.
Local Association Dues
Frederick County ~ \$10

MRSPA dues \$35* + Local Association dues \$10 = Total Membership Dues \$45

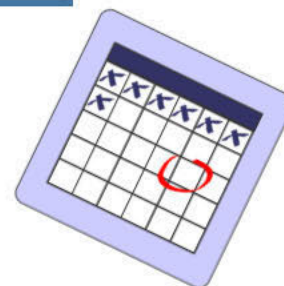
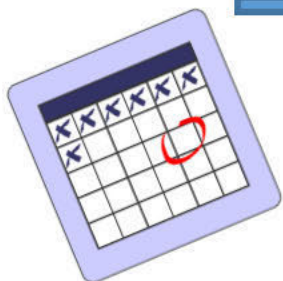
*Switch and Save dues deduction members will receive a one-time \$10 reduction in state dues.
MRSPA dues is \$35 the first year and \$45 per year thereafter.

(Recurring Dues deduction is made once/year from the July 31 pension check.)

If you would prefer not to mail your social security number, you may call the MRSPA Office at 410-551-1517 or toll-free at 877-625-6782 to relay your number. You will still need to print and mail the authorization form with your signature.



FREDERICK COUNTY RETIRED
SCHOOL PERSONNEL ASSOCIATION



Mark your calendars!!

- September 13** ~ Fall Picnic *
- September 29** ~ Retiree Health Fair*
- October 10** ~ Happy Hour *
- October 18** ~ FCRSPA BoD meeting ~ CTC ~ 2 p.m.
- December 7** ~ Christmas Breakfast ~ details forthcoming
- January 17** ~ FCRSPA BoD meeting ~ CTC ~ 2 p.m

***Details inside**