

FEBRUARY 2017

VOLUME 10, No. 1

INSIDE THIS ISSUE:

President's Message by Sally Smith

Welcome to 2017 everyone! If you made any New Year's resolutions, how are they going? So far my yearly resolution to lose weight has resulted in a two pound gain. Hope you are doing much better than I am.

It was wonderful to see so many of you at our holiday breakfast. At almost 200 participants, it was our largest social gathering ever! Many beautiful toys were donated by our generous members as well as toiletry supplies for homeless students. The Orchard Grove Elementary School Chorus, under the direction of Elizabeth Wagner and Paul Cabell, treated everyone to a delightful concert.

I want to take this opportunity to thank all of our members who graciously gave up their time in November and January to make no sew blankets for the Children of Incarcerated Parents Partnership. Thus far we have completed 24 blankets while enjoying each others fellowship. Our next get together will be March 3 in the Spires Café at the Career and Technology Center on Opossumtown Pike from noon until 3:00 pm. Again, all you need to bring is some sharp scissors. Please let me know by February 24 if you are able to attend so that we can purchase enough kits. My contact information is at the end of this message. Hope you can make it!

On page 7 you will find an article about SHIP (Student Homeless Initiative Partnership) of Frederick County. Ed Hinde, Executive Director of this program, spoke with us at our last Board meeting. SHIP works closely with FCPS and other agencies to supply homeless students with emergency shelter as well as many other services not currently covered. SHIP provides another opportunity to become involved with volunteerism for the good of students. Mr. Hinde will be speaking with our membership at a later meeting about ways we can be involved with this amazing program.

Our next social will be a luncheon at Dutch's Daughter on March 14. Be sure to get your reservation in early! Looking forward to seeing you.

As always, please feel free to contact me with any questions or concerns.

..... Sally
simplysally@comcast.net
 Phone: 301-694-7289

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FCRSPA March Luncheon



Tuesday, March 14, 2017

Reservations are due to Margaret Perry by March 3, 2017

(Reservation Form is on page 14 of this newsletter)

Dutch's Daughter Restaurant

581 Himes Avenue
Frederick, MD 21703

Doors Open at 11:30 a.m.

Lunch Begins at 12:00 noon

COST: \$23.00 per person (members and guests)

MENU

Choice of **ONE** Entrée:

Fried Shrimp ~ ~ **OR** ~ ~ Dutch's Chicken (marinated chicken breast sautéed with country ham, asparagus, broccoli, and baked with cheese)

All Meals Include:

- Garden Salad
- Twice Baked Potato
- Green Beans
- Bread & Butter
- Chocolate Mousse Pie or Lemon Chiffon Pie
- Coffee, Tea or Soda

Come enjoy a delicious meal and wonderful fellowship with friends!



Necrology & Sunshine Committee *(Remembrance & Sunshine Committee)*

Please notify Faye Buckingham or Brenda Martz if you know of illnesses, hospitalizations, deaths, etc. that affect our members and/or their families. Thank you.

..... *Brenda Martz*

Contact Information for Faye Buckingham:

Phone: 301-473-5563

Email: buck0107@comcast.net



Contact Information for Brenda Martz:

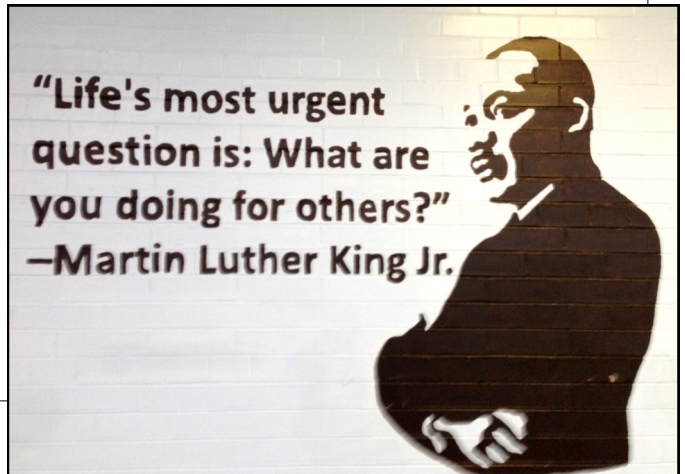
Phone: 301-662-9519

Email: brmartz@comcast.net

Community Services Volunteer Service Survey 2016 by Irene Bailey

There were 34 responses to the Volunteer Service Survey in November of 2016. The average amount of time spent in volunteer work was 24.5 hours per month. Several responders estimated their volunteer time in the range of 40 to 50 hours per month. A few FCRSPA members devote as much as 75 hours per month to volunteer service. (A humorous comment written on the form of a very busy, community-involved individual was, "What's retirement?") Overall, the categories receiving the most time from those who replied were "Religious Organization," followed by "Health" (hospital, hospice, nursing home), and then "School." This input will assist the Community Service Committee in nominating a member of FCRSPA for the Annual MRSFA Community Service Award. Thanks to all who participated in the survey.

... Irene Bailey, Beryl Long, Claudia Harrington
Community Services Co-chairs



Children of Incarcerated Parents Partnership



The beautiful blanket shown in this photo was made by FCRSPA members for the Children of Incarcerated Parents Partnership. A big THANK YOU to the members who participated in this activity! Shown in the front row, left to right: **Sherrie Hohnke, Doretta Dorsch, Judy Hook** (non-member volunteer), and **Linda Gouker**. Second row: **Geni Rhoten, Carole Stitely, Linda King** and **Susan Guissing**.



Membership Musings by *Marsha Wise and Ann Miller*

HELLO

We hope that 2017 is off and running in new and exciting directions for you. FCRSPA has gained new members whom we hope to see joining us at our gatherings and getting involved. Our Closed Group Facebook page launched, and we look forward to you joining our growing group.

Should you have questions or suggestions, please contact us at our new Membership email:

myfcrspa@gmail.com or by calling Ann at 301-898-9033.

Membership Report

Total Membership as of January 3, 2017 = 746

FCRSPA is now at 746members, with 697 state and local members and 49 local-only members. Since the membership year began anew March 1, 2016, we have gained 71 new members!

WELCOME

to Our New Members!

Susan Bartlett, Deborah Buckner, Donna Darcy, Patrick Dennison, Barbara Ferguson, Melanie Haines, Susan T. Heller, Curt Howser, Susan Mangold, Janice Shaff, Mable Sharif and Bonnie Smith.

Membership Committee Opportunities

If you would like to help with photography or welcoming new members, please let **Ann Miller** know at 301-898-9033 or contact us via email at myfcrspa@gmail.com .

Thank you to **Judy Brandenburg** for taking photographs at the December breakfast! The photos are awesome!



Also, we need individuals to join us at the Welcome Table for the March Luncheon. New members, (those who have been with FCRSPA for 12 months or less), are invited to join us at this specially designated table to sit together and meet several longer term members, as well as other new members.



continued on the next page —>

Membership Musings *(continued)*

Membership Committee Opportunities *(continued)*

Volunteer Corner

In this newsletter, opportunities for contributing include:

- Photographers for our social gatherings and civic events
- Bridges to Success Donations: pg. 6
- SHIP (Student Homelessness Initiative Partnership): pg. 7
- FCRSPA Scholarship Fund: pg. 10
- Welcome Table host/hostess: pg. 4
- COIPP (Children of Incarcerated Parents Partnership) No-Sew Blanket Project will be held on March 3rd.



*If you are a Facebook member, you can find our page by searching **Frederick County Retired School Personnel Association**. All requests will be vetted against our membership roster.*

Feel free to contact us if we can be of help to you with state membership or if you have suggestions for us!

... Marsha Wise, Membership Co-chair; myfcrspa@gmail.com

... Ann F. Miller, Membership Co-chair; (301) 898-9033

CALL TO ACTION!

“EACH ONE REACH ONE”



You know why you belong to MRSPA and FCRSPA. Talk to a retired friend and invite him or her to join us. You know why you are a member. Let your friends know, too! See the Membership Application form on pages 17-18 of this newsletter.

Membership Roster Additions/Changes

ADDRESS CHANGES

Carol M. Baker
302 Dill Avenue
Frederick, MD 21701-8516

Warren G. Brake
111 Early Avenue
Petersburg, WV 26847-7500

Peggy Carter
12 East C Street
Brunswick, MD 21716-1417

William L. Cook, Sr.
PO Box 628
Moorefield, WV 26836-0628

Virginia Flaherty
266 Youhill Drive
Tappahannock, VA 22560-5228

Pamela Grabowski
16246 Citrus Parkway
Clermont, FL 34714-6325

Darl W. Hinkle
3788 Hillary Elan Court
Las Vegas, NV 89139-8186

Ruth M. Schipper
1418 Greenville Drive
Bellingham, WA 98226-8808

Patricia F. Spann
2225 Columbus Street NE
Palm Bay, FL 32907-2642

NEW MEMBERS

Susan E. Bartlett
1544 Village Way
Mount Shasta, CA 96067-9442

Deborah J. Buckner
4809 A Mount Zion Road
Frederick, MD 21703-5927

Donna D'Arcy
2336 Adam David Way
Marriottsville, MD 21104-1478

Patrick C. Dennison
3829 Font Hill Drive
Ellicott City, MD 21042-4956

Barbara A. Ferguson
10317 McKinstry Mill Road
New Windsor, MD 21776-7903

Melanie S. Haines
5953 Michaels Court
Keedysville, MD 21756-1367

Susan T. Heller
732 Heritage Drive
Gettysburg, PA 17325-8901

Curtis B. Howser
8005 Sunnybrook Court
Frederick, MD 21702-2953

Susan P. Mangold
23 Fairview Avenue
Frederick, MD 21701-4034

NEW MEMBERS (continued)

Janice R. Shaff
234 South Market Street
Frederick, MD 21701-6527

Mable L. Sharif
213 W. B Street
Brunswick, MD 21716-1126

Bonnie A. Smith
3605 Cool Crest Drive
Jefferson, MD 21755-8445



IN MEMORIAM

Judith M. Drum
26 Nov 1941 — 18 Dec 2016

Lloyd K. Hoover
13 Jun 1925 — 3 Nov 2016



Travel size soaps, shampoos, lotions, etc. by Irene Bailey

Have you brought small soaps, shampoos, lotions, etc. home from your travels and are now wondering who could use them? Bring them to the March 14 luncheon at Dutch's Daughter Restaurant and the Bridges to Success program will get them to needy Frederick County students. Thank you!



Handbook and Membership Roster *by Marsha Wise*

As we revise the Handbook and the Membership Directory, our goal is to provide these publications to all members who wish to have this information. The Handbook, which includes, but is not limited to, the Constitution and list of meeting dates, is available on the FCRSPA website and the Closed Group Facebook page or email attachment.

The Membership Directory will be available via email to those who **request** it. This will be updated at least annually. Hard copies will be available, upon request, for a \$5 fee to cover printing and mailing costs and will be updated on an annual basis.

The membership directory will include **mailing address** and **phone number** as published previously for each member, with **email address added**.

Please let us know if you **do not want** any of this information published for the directory by emailing myfcrspa@gmail.com or calling (301) 898-9033 no later than March 1, 2017. If you have previously requested that your information be unlisted, that information will continue to be unlisted.

To receive your copies:

- Send requests for emailed Handbooks and/or Directories to myfcrspa@gmail.com **OR**
- Send \$5 to (FCRSPA c/o Ann Miller, 12424 Creagerstown Road, Thurmont, MD 21788), requesting a hard copy of the Handbook and/or Directory, to be mailed when available.

SHIP (Student Homelessness Initiative Partnership) *by Sally Smith*

Founded by local residents as a non-profit charity three years ago, Student Homelessness Initiative Partnership of SHIP of Frederick County works closely with FCPS to provide urgent resources to the hundreds of local students who experience homelessness each year. Identifying gaps in local services and working to fill those gaps, SHIP typically provides new clothing, food, funding for extracurricular activities, and emergency shelter when no other options exist. SHIP has worked to enlist and mobilize the Frederick County Community, thousands of which follow the organization on a group Facebook page. SHIP refers to their supporters, be it individual residents, civic and professional groups, and corporations as "SHIPmates."

This past summer, SHIP partnered with FCPS, The YMCA of Frederick County, United Way of Frederick County, and Frederick County Workforce Services to create New Horizons Frederick, a six-week-long program held at Gov. Thomas Johnson High School that provided 25 homeless teens with academic training and credit recovery in the mornings, and part-time employment in the afternoon. It is expected that New Horizons Frederick will expand to a second high school site this coming summer.

Later this year, SHIP will introduce a new mentoring program directed to unaccompanied youth within FCPS. Details are yet to be confirmed, but SHIP hopes to be recruiting mentors with education and counseling experience by the upcoming late Spring. For details on SHIP's mentoring program, make contact with the organization's Executive Director, Ed Hinde, at (240) 385-9172.

For information on SHIP, visit www.ShipFrederick.com.



**Student Homelessness
Initiative Partnership
of Frederick County**

Consumer, Health and Fitness Tips by Dave Markoe

As we enter into a new year, I began thinking about new topics, and it occurred to me that I've been writing about fitness and health-related topics that mainly affect our bodies. The old YMCA motto came into my mind: BODY, MIND & SPIRIT. I realized that I haven't mentioned anything about these last two, so in this article I am going to give you some thoughts about mind and spirit, the other two thirds of the equation for overall good health.

While it is important to focus on good eating habits and exercise, it is equally important to pay attention to those things that affect your mind and your spirit. I ran across this unnamed quote that got me thinking about all of this: "Health is not what you're eating. It is also what you're thinking and saying." Positive thoughts each day make us appreciate how much we have to celebrate. Is your glass always half full, or half empty? This article contains a series of musings; some are mine, others unknown, and some are quotes.

"Healing is a matter of time, but it is sometimes a matter of opportunity." Hippocrates

"Love one another and help others to rise to the higher levels, simply by pouring out love: love is infectious and the greatest healing energy." Si Baba

"Things turn out best for the people who make the best of the way things turn out." John Wooden

"Every difficulty in life presents us with an opportunity to turn inward and to invoke our own submerged inner resources. The trials we endure can and should introduce us to our strengths." Epictetus, The Art of Living

"Yet it is in this whole process of meeting and solving problems that life has its meaning. Problems are the cutting edge that distinguishes between success and failure. Problems call forth our courage and our wisdom; indeed, they create our courage and our wisdom. It is only because we desire to encourage the

human capacity to solve problems, just as in school we deliberately set problems for our children to solve. It is through the pain of confronting and resolving problems that we learn." Scott Peck, The Road Less Traveled

"The most beautiful people we have known are those who have known defeat, known suffering, known struggle, known loss, and have found their way out of the depths. These people have an appreciation, sensitivity, and an understanding of life that fills them with compassion, gentleness, and a deep loving concern. Beautiful people do not just happen." Unknown

These quotes go on and on, but they all seem to communicate the same message. Believe in yourself; never accept defeat, but use it as an opportunity to grow; have compassion for other people, even the ones you don't like. Learn something new, change your point of view, and think with care. Be thankful for the love in your life, give out more than you get, take time each day to reflect on your life, remembering all the wonderful positive things that have happened to you. Whatever you chose to do, embrace it, commit fully to it.

Norman Vincent Peale, in his book The Power of Positive Thinking, continually reiterates that "Positive thinking is a mental and emotional attitude that focuses on the bright side of life and expects positive results." A positive person anticipates happiness, health and success, and believes he or she can overcome any obstacle and difficulty. The power of positive thinking means that you have a positive feeling about yourself. When you're knocked down, get right up and move forward. When you get up in the morning, say to yourself that this is going to be a great day. This thought sets the tone for your entire day. If you feel bad about yourself, I guarantee that you are destined for a bad day. Positive thinking becomes a way of life. Our whole being then broadcasts good will, happiness and success.

Consumer, Health and Fitness Tips (continued)

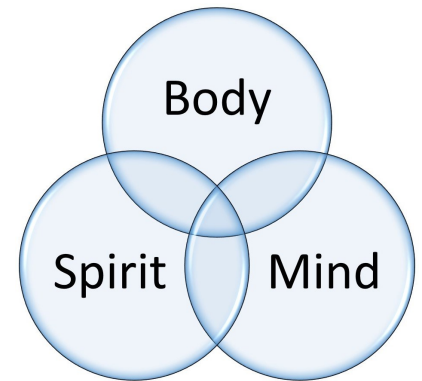
All of us have been knocked down either in our careers and or in our personal lives. It is difficult to overcome that defeated feeling, but you are still in charge of your attitude and destiny. You can wallow in self-pity or you can pull yourself up, dust yourself off and overcome this setback. It is critical to stay positive. It is that spirit inside you that will enable you to move forward.

We are all magnificent creatures, but it is essential for us to continually keep our body, mind and spirit focused in a positive manner.

I sincerely hope that all of our have a great 2017. Oprah Winfrey said it best when she said, "Cheers to a new year and another chance for us to get it right."

Happy New Year!

... Dave



Insurance / Health Report by Joe Polce

Medicare Part B

The annual deductible for Medicare Part B medical claims is \$183.00 for 2017. This amount has to be paid before United Healthcare will begin to pay submitted claims. The deductible was \$166.00 in 2016. The premium for Medicare has also been increased. You can go to medicare.gov to review the changes with the premiums.



Deductibles for Medical and Dental Claims

The deductibles for medical and dental claims were reset on January 1, 2017.

Virtual Visits

United Healthcare is working on a virtual visit program for active employees and retirees. The program will be implemented very soon. When implemented, members will be able to get access to medical care online anywhere, any time. A virtual visit lets members see and talk to a doctor from a mobile device or computer without an appointment. This will be part of our medical benefits. Virtual visits are for general routine non-emergency medical conditions. This is not a free service in that there are co-pays and doctor fees involved. More information will be coming on how to gain access to the virtual visit program and how to handle co-pays and doctor fees. Medicare eligible members do not pay copays so United HealthCare is working on a solution with how these members can use the program. This should be a very interesting process. I will use the email tree to further explain all the parameters for using this program when that information becomes available.

... Joe

FCRSPA Scholarship Fund *by Nancy Gordon*

FCRSPA continues in its practice to fund scholarships through the Community Foundation of Frederick County.

Five scholarships, \$1,500 each, will be awarded to deserving Frederick County students through the Frederick County Retired School Personnel Association Scholarship Fund (three scholarship) and the Dr. Richard and Patricia Petre Scholarship Fund (two scholarships). Several members of FCRSPA serve as reviewers of scholarships for the foundation and FCRSPA members Bonnie Strine and Shirley Stroup serve on the scholarship panel which selects the award recipients for our scholarships. If you know of students who may be eligible for these scholarships, the application program will go “live” in early March. Usually, representatives from the Foundation make visits to the Frederick County high schools to explain the application process and encourage participation.

Additional funds have been added to both accounts through the generosity of members and through memorials dedicated to the funds. In addition, FCRSPA budgets an amount to be added to the scholarship funds to ensure there is growth in the account.

The FCRSPA Bard of Directors designates March as the time members are encouraged to contribute to the Scholarship Fund. Those attending the March luncheon at Dutch’s Daughter may bring their contributions to that event; others may forward their contributions to the association: Martha Meadows, PO Box 1023, Frederick, MD 21702; checks should be made payable to Community Foundation of Frederick County, FCRSPA Scholarship Fund in the memo. Of course, contributions can be made at any time throughout the year. Member support is greatly appreciated as the association continues to help students through the scholarship program.

Nancy Gordon
FCRSPA Scholarship Chair



PLEASE CONSIDER GOING GREEN! St. Patrick’s Day makes a person think of the color **GREEN**. This splendid color has, in recent years, become associated with living a life that is responsible with regard to our planet’s natural resources and we frequently see the phrase: **Go Green**. YOU can help FCRSPA ‘go green’ by signing up to receive your association newsletter via email! Not only would this action help our planet, it would also help in another “green” way by saving money for our group. If every member would “go green” we’d save over \$1,800 in printing and mailing costs each year. The **\$aving\$** could be put into the scholarship fund or used to buy school supplies for our county’s neediest children. **Going Green = A Win for Earth, FCRSPA and Students!** Please consider “going green”!

Contact Bob & Lois Humphrey to make the switch! Thank you!
bobandloishumphrey@verizon.net

(This year, you can save yourself \$5.00 by Going Green! If you Go Green, you can have a copy of the FCRSPA Handbook or Membership Directory sent to you via email — free of charge. If you request a copy via snail mail you will need to pay a \$5.00 fee to cover the printing and postage costs.) Why not GO GREEN?



Community Services *by Irene Bailey*

At the Holiday Breakfast at Dutch’s Daughter restaurant in December, cash, checks, and 192 toys were collected by the Community services committee for the U.S. Marines’ Toys for Tots campaign. That quantity qualifies FCRSPA to continue to display its logo to the public on the Toys for Tots website. We did not match the number (207) collected in 2015, but the quality of toys and activities exceeded last year. When gathered at the Marine Corps distribution center the FCRSPA donations filled three of the large cardboard donation boxes.



The large amount of school supplies donated over the last several months plus those purchased with donated cash were distributed among Oakdale Elementary, Middle and High Schools.

Also, a huge bag of toiletries was given to Frederick County public Schools for the Bridges to Success program to assist needy, low-income, and homeless students.

The focus at the March 14 luncheon at Dutch’s will be collecting for scholarships, though, of course, school supplies and toiletries will still be accepted.

Thanks to everyone for your generosity.

. . . Irene Bailey, Beryl Long, Claudia Harrington
Community Services Co-chairs



Photo taken at the December Holiday Breakfast that was held at Dutch’s Daughter.

Kneeling, left to right:
Staff Sgt. Kristopher Shelton
Staff Sgt. Jared Groves

Standing, left to right:
Beryl Long
Irene Bailey
Claudia Harrington

December Holiday Breakfast Gathering

A record number of FCRSPA members enjoyed a delicious buffet breakfast at Dutch's Daughter in December. Nearly 200 of us gathered to enjoy the meal and fellowship and celebrate the beginning of the holiday season! Thanks to **Judy Brandenburg** for capturing the memories with her camera!

Photo to the right; standing left to right:

Sally Smith, FCRSPA President

Elizabeth Wagner and Paul Cabell, Orchard Grove Elementary School Chorus Directors.

A big THANK YOU to both teachers for making it possible for the students to sing at our event.



Photo to the left;

Seated left to right:
Gloria Angleberger
Dorothy Bower
Carol Ford

Standing left to right:
Cheryl Miller
Bonnie Strine



More Photos From the December Breakfast



Looking very festive dressed in seasonal colors in the photo to the left:

Seated left to right:
Linda Markoe
Dave Markoe
Margaret Perry

Standing left to right:
Cindy Stull
Georgia Ann Zirkle

Photo Below; left to right:
Suzanne O'Toole
Ann Miller
Paula Blundell

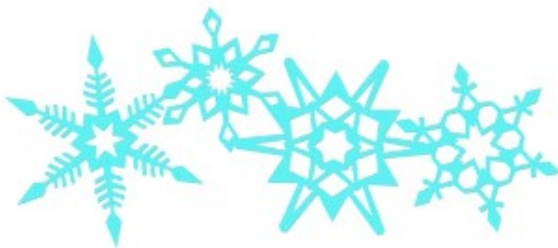


Photo to the left;

Seated left to right:
Jan Tuck
Jackie DeWitt
Jean Glover

Standing left to right:
Debbie Smith
Diana Ogul

FCRSPA March Luncheon Reservation Form

Tuesday, March 14, 2017

Reservations must be received **NO LATER** than March 3, 2017

Location: Dutch's Daughter Restaurant
581 Himes Avenue
Frederick, MD 21703

Time: Doors Open at 11:30 a.m.
Lunch Begins at 12:00 noon

Cost Per Person: \$23.00 (Members & Guests)



Please remember to specify choice of Entrée for yourself and your guest. Thank you!

Your Name: _____

Name of Guest: _____

Circle Choice: Fried Shrimp OR Dutch's Chicken

Circle Choice: Fried Shrimp OR Dutch's Chicken

Street: _____

City: _____ State: _____ ZIP: _____

Phone: _____

Email: _____

Total Number Attending: _____

Are you a ****New Member?** _____ Yes _____ No

\$ _____ Amount Enclosed (\$23.00 per person — Members & Guests)

**** For New Members Only:** New Members are those who have belonged 12 months or less. Will you join us at the New Members' Welcome Table or will you be sitting with someone elsewhere?

_____ Yes, I will sit at the New Members' Welcome Table.

_____ No, I will be sitting with someone elsewhere.

Mail reservation form and check (payable to FCRSPA) to:




Margaret Perry
213 Linden Avenue
Middletown, MD 21769

Margaret must have your reservation no later than March 3, 2017.



Will Preparation or Will Review *by Judy I. Thompson*

Patrick F. McLister, Esq., and John Foley, Esq., who held an informative seminar on real estate law in November for FCRSPA members, have offered to (1) prepare or review a basic or simple will for FCRSPA members at 50% off the usual rate, and (2) provide real estate settlement services with a \$200 discount for each transaction when you, your children or your parents use their firm. Generally speaking, basic or simple wills are applicable if you don't expect to leave assets valuable enough to be subject to the estate tax or need to establish a trust for a child with a disability or special need. Patrick and John recommend that your will be reviewed every 10 years or whenever you have a major change in your life.

	SALISBURY McLISTER & FOLEY  REAL ESTATE LAW SINCE 1978	
Patrick McLister Attorney at Law	100 West Church Street Frederick, Maryland 21701	John Foley Attorney at Law

- Salisbury McLister & Foley, LLP - Attorneys at Law**
- Attorney Conducted Real Estate Settlements
 - Short Sales Professionally Facilitated
 - Beautiful Historic Downtown Frederick Location
 - Parking Validation at Parking Garage • Wheelchair Accessible
- www.FrederickTitle.com 301-694-7235**

Because of their appreciation for Frederick County's retired educators, Patrick or John will prepare or review a simple will for \$150 for FCRSPA members. Please mention your FCRSPA membership when you call, 301-694-7235, to discuss your will or real estate settlement. Patrick and John will provide a list of questions for you to answer in advance of your will preparation or review and are available at any time to answer questions you have about your real estate transaction.

Thank you, Patrick and John!

Questions, feel free to contact Judy I. Thompson, 301-371-5729, or middletownlady@gmail.com.

**Application for Membership in MRSPA
(Please print)**

Your personal information will not be shared.

Name _____ Date of Birth _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Email _____

Detach from newsletter and return to:
MRSPA
 8379 Piney Orchard Parkway, Suite A
 Odenton, MD 21113

(complete reverse side of form)



FREDERICK COUNTY RETIRED SCHOOL
PERSONNEL ASSOCIATION

8009 Ridge Road
Frederick, Maryland 21702-3530

MARK YOUR CALENDAR!

Group Gatherings

Tuesday, March 14, 2017
Dutch's Daughter at 12:00 noon

Wednesday, May 17, 2017
Morningside Inn at 12:00 noon

Tuesday, July 11, 2017
Annual Picnic at 6:00 PM

~ ~ ~ ~ ~

FCRSPA Board of
Directors Meetings

Meetings are held at CTC on
Tuesdays at 1:30 PM

March 7, 2017

May 23, 2017

August 1, 2017

October 17, 2017



*Come on people, smile on your brother!
Everybody get together ...
Try to love one another right now.*

PLEASE COMPLETE:

MRSPA Dues \$35.00 + Local Dues (reference chart) \$ 10.00 = TOTAL \$ 45.00

Please check appropriate box:



- I hereby authorize annual dues deduction from my retirement check.
(Social Security Number Required _____)
- Enclosed is a check payable to MRSPA.

You may also join using a credit card at www.mrspa.org.

Signature _____ Date _____

Local Association FREDERICK COUNTY

The MRSPA membership year runs from July 1 through June 30. (complete back of form →)