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President's Message by Linda F. King

After enjoying the holidays with friends and family, and seeing the post-holiday fade, it is time for frigid February. Well, the frigid part may or may not be a good adjective since our weather has been a bit unpredictable and somewhat fluctuating.

I'm looking for bright days ahead with many possibilities of servicing our community. If each one of us can help someone each day, just think of all the good we could do! I imagine your mail looks similar to mine, envelope after envelope filled with a request for a donation. I cannot afford to give to each and every organization, but I can plan to help someone or participate in a group to help others.

It would also be awesome to reach out to a school system retiree and invite them to an upcoming meeting. The food and companionship is always warm and welcoming. The information you can receive from our speakers and from your friends often opens up new avenues of thought and activity.

Your next opportunity to include a friend in FCRSPA will be March 13, 2018. Our luncheon meeting will be at Dutch's Daughter Restaurant. Luncheon details are on page 2 of this newsletter. I hope to see you there!

Please contact me if you have any concerns, questions, or ideas for FCRSPA. Your input is greatly appreciated.

..... Linda
Lindalou2173@live.com
 Phone: 301-514-8200



Volunteer Corner

In this newsletter, opportunities for contributing service, supplies, and/or monetary support.

- School Supplies & Bridges to Success Donations: pg. 3
- Donations to the Scholarship Fund; pg. 3
- COIPP (Children of Incarcerated Parents Partnership) No-Sew Blanket Project on February 14th; pg. 10





FCRSPA March Luncheon



Tuesday, March 13, 2018

Reservations are due to Brenda Banko by March 1st

(Reservation Form is on page 11 of this newsletter)

Dutch's Daughter Restaurant

581 Himes Avenue
Frederick, MD 21703

Doors Open at 11:30 a.m.

Lunch Begins at 12:00 noon

COST: \$24.50 per person (members and guests)

MENU

Choice of ONE Entrée:

Dutch's Chicken ~ ~ ~ **OR** ~ ~ ~ Beef Tips ~ ~ ~ **OR** ~ ~ ~ Vegetarian Pasta

All Meals Include:

- Garden Salad
- Twice Baked Potato
- Seasoned Vegetables
- Bread & Butter
- Chocolate Mousse Pie
- Coffee, Tea or Soda

Come enjoy a delicious meal and wonderful fellowship with friends!

Remember ... The focus at the March 13th luncheon
will be collecting funds for the FCRSPA Scholarship.

Remembrance & Sunshine Committee

Please notify **Faye Buckingham** or **Brenda Martz** if you know of illnesses, hospitalizations, deaths, etc. that affect our members and/or their families. Thank you.

..... *Brenda Martz*

Contact Information for Faye Buckingham:

Phone: 301-473-5563

Email: buck0107@comcast.net



Contact Information for Brenda Martz:

Phone: 301-662-9519

Email: brmartz@comcast.net

FCRSPA Scholarship Update *by Nancy Gordon*

Upon recommendation of the FCRSPA Board of Directors, FCRSPA and FCRSPA/Richard and Pat Petre will each award one scholarship this spring to candidates selected through the Community Foundation Scholarship Program. Information on available funds were used in this determination. In the past, the FCRSPA Board of Directors has allocated additional monies from the operating budget to add funds to the amounts available from the Fund Account. This is a yearly determination by the BOD with consultation of the Community Foundation.

FCRSPA members are reminded that March has been designated by the Community Service committee as a time when contributions can be made to the scholarship fund.

Checks may be brought to the March 13th luncheon or sent directly to the:

Community Foundation of Frederick County
Shirley McDonald, Treasurer
3677 Ridgeview Road
Ijamsville, MD 21754

Checks should be made payable to:

Community Foundation of Frederick County
FCRSPA Scholarship Fund in the memo.

Of course, contributions can be made at any time to the:

Community Foundation
312 East Church Street
Frederick, MD 21701.

Thank you for your participation!

Nancy Gordon
Scholarship Chair



Community Services *by Irene Bailey*

MARCH MEETING FOCUS

The focus at the March 13 luncheon at Dutch's will be collecting for scholarships, though, of course, school supplies and toiletries will still be accepted.

Thanks to everyone for your generosity! The scholarship recipients are always so thankful!

TRAVEL SIZE TOILETRIES

Please bring any small soaps, shampoos, lotions, etc. you have collected from your late summer/early autumn travels to the March 13 Luncheon at Dutch's Daughter. The Community Services Committee will deliver them to the Bridges to Success program which will get them to needy Frederick County students.

. . . Irene Bailey, Beryl Long, Claudia Harrington
Community Services Co-chairs



Membership Musings by Marsha Wise and Debbie Thackston

HELLO

Welcome to **Debbie Thackston** who has been appointed to serve FCRSPA as the Membership Co-Chair! THANK YOU, Debbie, for agreeing to serve our association in this capacity!

If you know a recent retiree, please encourage them to join us!
Your personal contact makes such a big difference!

As of January 1, 2018, we have 743 members!

Should you have any questions or suggestions, please contact us at our Membership email:

... **Marsha Wise, Membership Co-chair; myfcrspa@gmail.com**

... **Debbie Thackston, Membership Co-chair; (301) 694-7884**

WELCOME

to Our New Members!

Natalie Jo Boyles, Clara A. Buchanan-Crutchley, DeMaris E. Coley, Patricia Cowan, Kathryn L. Crawford, Frederick E. Dayton, Jane K. Duggan, Mark D. Gregory, Jennifer L. Harbaugh, Karen L. Kemp-Dockstader, Dorothy H. Kinna, Patricia A. Komons, Mary L. LaTona, Preston O. Martin, Elizabeth D. Meyers, Stephen M. Nibbs, Patricia M. Shankle, Mary L. Smith, Julie L. Vogl, David C. Wade, and Sharon A. West.



Thank you to **Nick Gregorio, a CTC media arts student**, for photographing the Holiday Breakfast in December. It is gratifying to see FCPS students developing and honing their skills. Nick's volunteer service allowed all of our members to simply enjoy the fellowship of the gathering and not have to worry about taking photos!

continued on the next page —>

Membership Musings (continued)

Facebook



Find us on
Facebook

If you are a FB member, you should be able to find our page by searching for Frederick County Retired School Personnel Association. All requests will be vetted against our membership roster.

Emeritus Membership? **Do We Have Your Birth Date?**

If you turn 90 on membership or before June 30, 2018, you are eligible for *Emeritus* membership beginning on July 1, 2018. Congratulations! No more dues!

We must have your birth date in order to award your *Emeritus designation*.

Please contact Debbie Thackston at 301-694-7884

OR

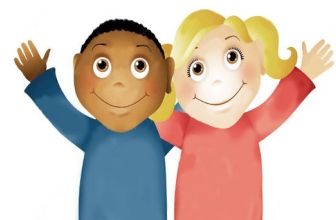
Email: myfcrspa@gmail.com



If you are over 90 and not yet *Emeritus*, contact us to get your change of status for the 2018 year. Unfortunately, because the change goes through the Retirement System, no refunds can be made after the fact.

CALL TO ACTION!

“EACH ONE REACH ONE”



You know why you belong to MRSPA and FCRSPA. Talk to a retired friend and invite him or her to join us. You know why you are a member. Let your friends know, too! If you know a recent retiree, please invite them to join us by logging on to www.mrspa.org or contacting us at myfcrspa@gmail.com.

Membership Roster Additions/Changes

ADDRESS CHANGES

Karen F. Vankirk
9300 Fordson Road
Henrico, VA 23229-3012

ADDRESS & NAME CHANGE

Linda Nelson Gouker is now:

Linda N. Sanders
204 Mariam Pass
Middletown, MD 21769-7860

NEW MEMBERS

Natalie Jo Boyles
7188 Stillwater Court
Frederick, MD 21702-9491

Clara A. Buchanan-Crutchley
5703 Main's Lane
Frederick, MD 21704-6898

DeMaris E. Coley
8482 Inspiration Avenue
Walkersville, MD 21793-7818

Patricia Cowan
2256 Shepherdstown Pike
Harpers Ferry, WV 25425-5526

Kathryn L. Crawford
43 Fox Rock Drive
Myersville, MD 21773-8402

Frederick E. Dayton, II
9376 Highlander Blvd.
Walkersville, MD 21793-9113

Jane K. Duggan
263 Waverly Lane
Aiken, SC 29803-8039

NEW MEMBERS (continued)

Mark D. Gregory
55 Maxwell Square
Frederick, MD 21701-6168

Jennifer L. Harbaugh
8224 Rocky Ridge Road
Thurmont, MD 21788-1354

Karen L. Kemp-Docksteder
26875 Mallard Road
Chestertown, MD 21620-3149

Dorothy H. Kinna
28 Oak Run
Clarksville, VA 23927-3631

Patricia A. Komons
5006 Bob White Court
Frederick, MD 21703-9515

Mary L. LaTona
1815A Willard Place
Frederick, MD 21702-8227

Preston O. Martin
7196 Browns Lane
Thurmont, MD 21788-2511

Elizabeth D. Myers
812 West Main Street
Emmitsburg, MD 21727-9188

Stephen M. Nibbs
316 Cone Branch Drive
Middletown, MD 21769-7856

Patricia M. Shankle
407 Wilson Place
Frederick, MD 21702-4163

Mary L. Smith
102 Mercer Court, Apt. 23-2B
Frederick, MD 21701-4082

NEW MEMBERS (continued)

Julie L. Vogl
11701 Morning Glory Place
New Market, MD 21774-7008

David C. Wade, Jr.
18325 Manor Church Road
Boonsboro, MD 21713-2502

Sharon A. West
5526 Woodlyn Road
Frederick, MD 21703-6966



IN MEMORIAM

Patricia E. Brown
28 Sep 1944 — 17 Dec 2017

Patricia E. Deener
31 Aug 1939 — 8 Jan 2018

Lorraine G. Disque
8 May 1932 — 22 Nov 2017

Doris J. Ifert
1 Oct 1928 — 18 Jan 2018

February 



Love 
One Another

Insurance / Health Report *by Joe Polce*

Deductibles for 2018

The Medicare Part B deductible is \$183.00. This amount must be paid before United Health Care will pay a claim. The dental allowance of \$1000/2000 was reset on January 1, 2018.

Medicare Part B Premiums for 2018

The new monthly premiums for Medicare Part B range from \$134.00 to \$428.60 depending on the member's yearly income. The exact information can be viewed at the mymedicare.gov web site. The 2% increase in benefits did not go very far with the increase in Part B premiums.

Tax Form 1095C

This form is being mailed to all retirees from FCPS. It just proves that health coverage was provided in 2017 in accordance with the ACA guidelines.

Medical Vendor Contract

The contract with United Health Care will expire on June 30, 2018. The rebid process has begun. The consultant firm Trion is helping with this process. It should be very interesting.

CVS Minute Clinics

There are two such clinics in Frederick at 8032 Liberty Road and 300 Ballenger Creek Drive. There are also Minute Clinics in New Market (5414 Rotary Ave.) and Urbana (3350 Worthington Road). I have used the one at Liberty Road and was very satisfied. Registration can be done online. The registration process is a bit cumbersome, but aren't they all? The Minute Clinics are another option to the Emergency Room or Immediate Care and provide the same basic services. Go to cvs.com and click on MinuteClinic for more information.

Wishing all a very happy and healthy New Year!

. . . . Joe

BENEFIT CONTACT INFORMATION (301) 644-5080

Benefits Staff	Responsibilities	Contact information
Penny Opalka Senior Benefits Manager	<ul style="list-style-type: none"> ▪ Employee Assistance Program ▪ Retirement ▪ Insurance Appeals 	301-644-5112 Penny.Opalka@fcps.org
Doris Toms HR Associate II	<ul style="list-style-type: none"> ▪ Retiree insurance ▪ Life insurance claims ▪ Medicare documentation 	301-644-5052 Doris.Toms@fcps.org

December Holiday Gathering by

TOYS FOR TOTS

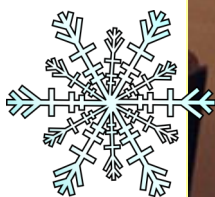
The December Holiday Breakfast at Dutch's Daughter restaurant, 193 members registered to attend. Attendees gave generously ... cash, checks, and 251 toys were collected by the Community Services Committee for the U.S. Marines' Toys for Tots campaign. This represents the largest donation ever collected by the group and allows FCRSPA to maintain its status as a Corporate Partner at the Sergeant level. Pictured at right, left to right, are SSgt. Ezequiel Poratta, SSgt. Jared Groves, and the Community Services Committee members, Claudia Harrington, Beryl Long and Irene Bailey.



More Photos from December Holiday Gathering



It was a time of good fellowship with old friends, delicious food, and plenty of warm hugs and beautiful smiles!



Children of Incarcerated Parents Partnership by Sally Smith

BLANKET MAKING GATHERING

Ten wonderful volunteers gathered together on December 11th at Career and Technology Center to make 12 no-sew blankets for COIPP. **Nancy Bybel, Jan Cline, Doretta Dorsch, Ralene Damanti, Barb Ferguson, Sally Smith, Judy Brandenburg, Dottie Wood, and Linda Sanders** joined forces to continue our contributions to the Children of Incarcerated Parents Partnership. Thank you to all who participated!



UPCOMING BLANKET MAKING GATHERING

Another blanket making gathering is planned prior to the holiday season. Please call Sally Smith @ 301-694-7289 or email: simplysally@comcast.net by February 9th to let her know if you plan to help so that she can purchase an adequate number of blanket kits for the event. Won't you please come and join in the fun?

DATE: February 14, 2018

LOCATION: Spires Café at Career Technology Center

TIME: Noon until 3:00 p.m.

WHAT TO BRING: Sharp Scissors and Yourself!



COIPP Silent Auction

FCRSPA donated this gorgeous Vera Bradley large tote bag to the 4th Annual COIPP Silent Auction that was held at the Delaplaine Visual Arts Education Center on December 5, 2017.

This item raised \$95 for the COIPP!

It was a festive and fun evening where attendees bid generously to help support COIPP!

FCRSPA March Luncheon Reservation Form

Tuesday, March 13, 2018

Reservations must be received **NO LATER** than March 1, 2018

Location: Dutch's Daughter Restaurant
581 Himes Avenue
Frederick, MD 21703

Time: Doors Open at 11:30 a.m.
Buffet Breakfast at 12:00 noon

Cost Per Person: \$24.50 (Members & Guests)



Name: _____

Name of Guest: _____

(Please circle entrée choice for yourself.)

(Please circle entrée choice for your guest.)

Dutch's Chicken

Dutch's Chicken

Beef Tips

Beef Tips

Vegetarian Pasta

Vegetarian Pasta

Street: _____

City: _____ State: _____ ZIP: _____

Phone: _____

Email: _____

Total Number Attending: _____

Are you a **New Member? _____ Yes _____ No

\$ _____ Amount Enclosed (\$25.50 per person — Members & Guests)

Mail reservation form and check (payable to FCRSPA) to:

Brenda Banko
1849 Millstream Drive
Frederick, MD 21702

Brenda must have your reservation no later than March 1, 2018



FREDERICK COUNTY RETIRED SCHOOL
PERSONNEL ASSOCIATION

8009 Ridge Road
Frederick, Maryland 21702-3530



MARK YOUR CALENDAR!

Group Gatherings

Tuesday, March 13, 2018
Dutch's Daughter at 12:00 noon

Tuesday, May 15, 2018
Dutch's Daughter at 12:00 noon

Tuesday, July 10, 2018
Annual Picnic at 6:00 PM
Jefferson Ruritan Center

~ ~ ~ ~ ~

FCRSPA Board of
Directors Meetings

Meetings are held at CTC on
Tuesdays at 2:00 PM

March 6, 2018
May 22, 2018
August 7, 2018

