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President's Message by Kenny Garvey



Reportedly, it was the Greek philosopher Heraclitus who first said, "Nothing is as constant as change." Of course, I don't speak Ancient Greek and I wasn't there so, I can't guarantee the translation. What I can guarantee is that change is inevitable. Change is necessary. Without change, life palls. But change too much, or too quickly, and life becomes chaotic. Thus, we strive to manage the change that we initiate, to adapt to the change thrust upon us, and to find ways to use it all to our advantage. And, just when we find our balance, the change changes...

Change has come to FCRSPA. A new President has been installed. Kathy Campagnoli, who took the reins during the 2020 pandemic, who expertly guided us through change that no one could have predicted, and who helped us get to the other side stronger than ever, will remain on the Board of Directors in her new role as Past President for another year. Kathy will continue helping us manage and adapt to whatever change comes our way. My name is Kenny Garvey and, for the next two years, I will be President of FCRSPA. Please allow me to introduce myself.

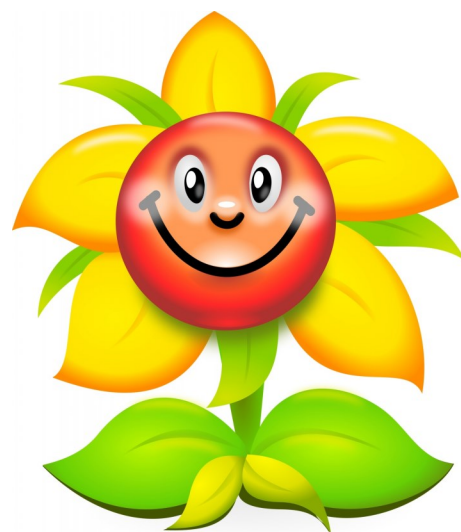
I left high school in March of my senior year (graduating in absentia) to join the U.S. Army. For the next four years, I served with the 313th Military Intelligence Battalion, 82nd Airborne Division, attaining the rank of E5/Sergeant. After separation from the service, I worked two full-time jobs (Recreation Director for a private resort and Floor Manager at the local roller rink – remember those?) while earning my BS in Mathematics from Mary Washington College (now the University of Mary Washington) in Fredericksburg, Virginia.

I came to FCPS in 1985 to teach Math and Computer Science at Governor Thomas Johnson High School. During my tenure there, I earned both an MS in Computer Science and my Administrator I and II credentials from Hood College. After eighteen years as a classroom teacher (including a stint as Mathematics Department Chair), I became the Assistant Principal at Linganore High ('03-'08) and later Frederick High ('08-'12). I retired from FCPS in 2012 with thirty-one years of service, including credited military time.

After "retiring," I worked as the Principal of Instruction at Dover High School in Dover, DE and later as Principal of Jefferson High School in

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President's Message Continued

Jefferson, WV. Eventually I found my way back to FCPS, working contractually on long-term assignments including Math Specialist, School Testing Coordinator, HSA Coordinator, Asst. Principal (for Kathy Campagnol at FHS) and classroom assignments for difficult to fill subjects (AP Calculus, Spanish, ELL Math, etc.), providing me with many positive experiences in nearly every high school in the county. I continued working in these roles right up to March of 2020. Apparently, all it takes is a pandemic to keep me out of the schools.

Although I have been a member of FCRSPA since my 2012 retirement, I didn't participate during those first several years. Oh sure; I paid my dues and read the newsletters but, I didn't consider myself "retired." After all, I was still working – full-time. What would I have in common with retired folk? How would I fit in? Perhaps, some of our newer members feel the same as they also pursue work opportunities post FCPS or they are simply enjoying the art of doing nothing at all (something at which I was never very good). Don't wait, as I did, until you "feel retired" to begin participating. I wish, now, that I had taken advantage of what FCRSPA had to offer, right from the start. The camaraderie, social and emotional support, opportunities for community involvement, and just plain fun that membership can provide are nearly boundless if you are willing to engage. Get involved. If you already are, stay involved. We'd love to see so many more of you at our breakfasts, luncheons, and social hours. We spread these events throughout the year, and throughout the county, to provide opportunities to everyone. Our goal is to engage all age groups, all former roles within FCPS, and all demographics.

The breakfast, luncheons and picnic occur approximately every other month and offer opportunities to break bread with your fellow members, to reconnect with former colleagues, to hear interesting speakers share important information or to simply enjoy entertaining presentations. Our members are great "dinner guests" and the fellowship and goodwill are palpable. Plus, the meals are delicious! (No rubber chicken dinners here ...) Our Happy Hours occur in the intervening months and are also spread throughout the county. These are more casual get-togethers with no agenda or programs, just laid-back vibes, good drinks, and an opportunity to become reacquainted with old friends, or to make new ones. So, come join us! Refresh yourself! Make connections. Let us help you to manage the stress of the change we talked about.

Kenny G



Thank you Joe Polce!

We are forever grateful for dedicated volunteers like Joe Polce who has served FCRSPA with his immeasurable

time and talent. For the past 20 years he has been a passionate ambassador for our association, having served on our Board of Directors as President in 2003-2004, and continuing throughout the years, supporting members as our FCPS Liaison/Health Advocacy representative. Time and time again he has demonstrated his polished diplomatic leadership skills coupled with his keen expertise on a myriad of topics at Insurance Council meetings. His extensive contribution to our membership is only surpassed by his caring ways. A truly great volunteer is hard to find, difficult to part with and impossible to forget. Kudos to Joe for all he has done and the positive difference he has made.

Remembrance and Sunshine Committee

Please notify us if you know of any members who are ill, have passed away, or who have had an immediate family member pass away. We will send thinking of you, get well, and sympathy cards.

Brenda Martz

brmartz@comcast.net

301-662-951

Faye Buckingham

Buck0107@comcast.net



Health Insurance

Joe Polce

This will be my last health/ insurance article as I have decided to resign my position as a director with the Association and as the retiree representative on the Insurance Council. I have been the retiree representative for 20 years and feel that it is time for me to step down.



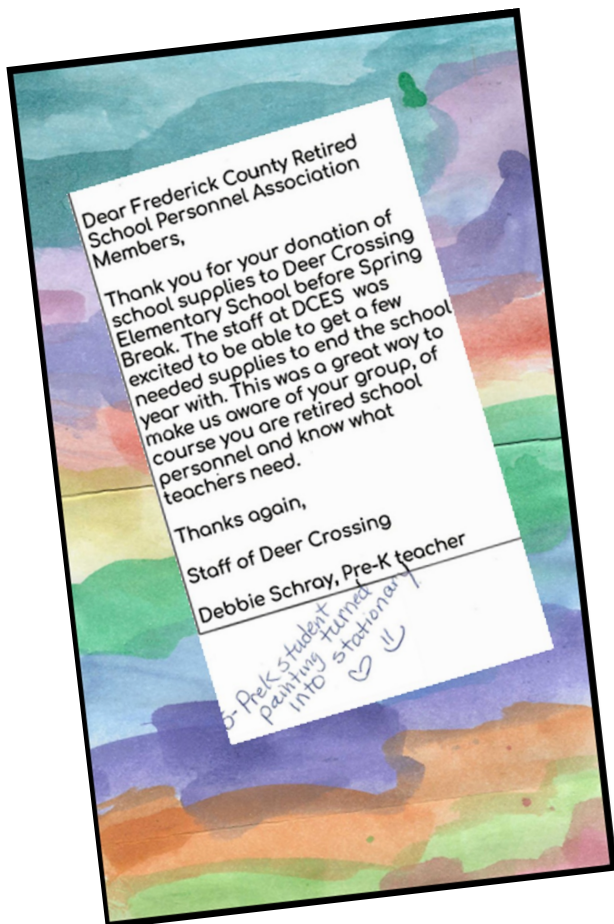
Luckily for all retirees a very qualified person has stepped up to take my place. Colette Baker has assumed the duties of a director with the Association and as the retiree representative on the Insurance Council. Colette was the Senior Benefits Manager with FCPS prior to retiring in 2016. She and I worked closely together on many retiree issues for many years. She is very well versed in all facets of health benefits and will be an excellent retiree representative on the Insurance Council.

I have certainly enjoyed my time as your representative. I was involved in many changes in our benefits' plan and always strived to make the plan better while keeping the cost reasonable. Be well.

FY 24 Premiums

The Insurance Council has recommended to the BOE that the premium for the CareFirst health plan be increased by 13.5 % for FY24. Since that recommendation the County Executive has allocated a specific amount of money to the BOE designated to the self-insurance fund. The BOE will decide how this additional funding will impact the FY24 premium at their June 7, 2023 meeting. By the time this newsletter is received by members a decision will have been made. Retirees will be notified by mail as to the outcome of the June 7 meeting. The new premium will be effective July 1, 2023.

There will be no increase in the Delta Dental or the life insurance plan premiums for FY24.



A big thank you to these ladies for coming together to make 10 no sew blankets for Children of Incarcerated Parents Partnership on May 23. We will be taking a break over the summer. Hope you can join in the fun when we get together again in the fall.



Pictured left to right: Shirley Richardson, Jodi Herche, Sally Smith, Wendy Campbell, Myra Foreman, Caryn Driebelbies, her daughter Erin Driebelbies, and Lee Jeffrey.

Community Services

Irene Bailey, Claudia Harrington, Charlie Perry

Please bring school supplies and toiletries to the Wednesday, July 19 luncheon at Lewistown Fire Hall. A few school supplies were collected at the May 17 luncheon at Schroyer's Tavern and will be donated when more are gathered. Your continued support will help needy students. Many personal care items were also collected and have been delivered to SHIP (Student Homelessness Initiative Partnership).



Often, when children and teens find themselves suddenly moving to a new place to live because of family upheaval, everything has to be transported in large trash bags. These young people sometimes get the feeling that "my stuff is trash and I'm trash." If you find any gently used, CLEAN luggage, duffel bags, backpacks, or totes as you organize a closet please consider donating them to SHIP of Frederick County (the Student Homelessness Initiative Partnership), 203 Broadway St. Suite 210, Frederick, MD 21701. Having a real suitcase or travel bag could make a huge difference to someone. A surprising twenty suitcases and bags of many sizes were donated to SHIP after the May luncheon, but please do not bring bags to the July luncheon in Lewistown. The Community Services Committee will collect them again later in the year.

If you would like to make a monetary donation to SHIP, which provides "new clothing, funding for youth enrichment activities, counseling services, and emergency shelter when no other options exist" (from the website www.shipfrederick.com), please **make checks payable to FCRSPA with SHIP on the notation line and bring to the luncheon or mail to FCRSPA Treasurer: Shirley McDonald 3677 Ridgeview Rd. Ijamsville, MD 21754**

Debbie and her Dad



Kudos to Debbie Thackston!

Congratulations to Debbie Thackston, our FCRSPA 2022-2023 Individual Award Winner for Community Service! Debbie's volunteer contributions to improve the lives of others are a model of excellence for fellow members for she uses her skill sets and her passion to benefit the greater good. To be eligible for the award as a local winner and a state nominee, one must be a member of the local association and MRSPA. Debbie co-chairs our Membership Committee, spending countless hours tracking our local membership and recruiting potential new members.

She also works tirelessly to raise funds for the Alzheimer's Association. She has served on the Western Maryland Walk to End Alzheimer's Planning Committee for five years to recruit sponsors, fundraise, organize, and execute the annual Walk, as well as to raise awareness and support for individuals and families living with Alzheimer's. As team captain for Team Pickleball, she has recruited teammates to raise awareness and funds for research and has helped organize tournaments and other related activities. To date, she has raised over \$50,000 for the Alzheimer's Association.



Spring Luncheon at Schroyer's Tavern

May 17, 2023

Picture to the Right:

Basil Eavey, (left) our new Emeritus member.

Tom Slater (right), our guest speaker who shared an overview of Presidential Historical Sites within a two-hour drive of Frederick.

All pictures are courtesy of Brady Densock, CTC student.



Help Wanted

FCRSPA President-Elect, Web Master, Help with Nominating!

We train! We do good work! We need YOUR help to keep us strong!

Contact Kenny Garvey today to join our Board of Directors team at mrgarvey@msn.com

BRING A FRIEND AND JOIN US AT THE FCRSPA SUMMER INDOOR PICNIC LUNCHEON

WEDNESDAY, JULY 19, 2023 DOORS OPEN AT 11:30 WITH LUNCH AT NOON \$18.00 PER PERSON

LEWISTOWN DISTRICT VOLUNTEER FIRE DEPARTMENT

11101 Hessong Bridge Road, Frederick, MD 21701

From Frederick: US-15 N. 9.56 miles, Turn **right** onto Fish Hatchery Rd. 0.47 miles, Turn **right** onto Hessong Bridge Rd. Lewis-town Volunteer Fire Department, 11101 HESSONG BRIDGE RD is on the **left**.



MENU

Fried Chicken, Ham, Scalloped Potatoes, Green Beans, Cole Slaw, Assorted Pies and Beverages

Reservations are due to Ann Keyfauver, 205 Linden Blvd., Middletown, MD 21769 by July 3, 2023.

Name _____ Guest _____

Phone _____ Email _____ Total Attending _____

Have you become a new member since January 2023? _____ Emeritus (90 or older) _____

_____ Amount enclosed (\$18.00 per person Members and Guests)

Prefer to pay with a credit card? Use our new service, Stripe to pay online!

Remember the cost for lunch increases due to the Stripe service charge.

The cost for one person is \$19.00. Use this link to pay for **ONE** person: <https://buy.stripe.com/aEUaFQcE8b895wI5kr>

The cost for 2 people is \$38.00. Use this link to pay for **TWO** people: <https://buy.stripe.com/6oE5lwaw05NP2kw28g>

⇒ If you're bringing a guest, please email their name to Ann at annkeyfauver@comcast.net. Thank you!

HELLO

MRSPA continues to offer a \$10 gift card to ANY member who recruits a **NEW** member who signs up for **DUES DEDUCTION**.

Current members who choose to switch to DUES DEDUCTION will receive a \$10 savings on their MRSPA membership for the next year. See the end of the newsletter for forms. As always, we appreciate your assistance in recruiting new members, sharing the names of those who have passed away, and informing us of contact information changes. It really is a team effort.

All cash paying members will receive their billing notices in June.

Since our last newsletter and **as of June 1**, we have gained **5** new members, but sadly, we have lost **3** members to the Memorial Roster.



**Welcome
New Members**



Dede	Bowman	2250 Bear Den Rd, Unit 407 Frederick, MD 21701	240-422-4471	bowmanfamily865@hotmail.com
Dawn	Morton	6357 Granger Rd Port Charlotte, FL 33981	240-876-6163	mortondc@comcast.net
Karla	Perrell	277 Jamaica Trail Falling Waters, WV 25419	304-279-2498	Karla.perrell@gmail.com
Randy	Perrell	277 Jamaica Trail Falling Waters, WV 25419	304-305-5383	Randy@wolfeteam.net
Sarah	Trimble	1112 Meadowgreen Drive Mt. Airy, MD 21771	301-514-0787	seys62@comcast.net

In Memoriam

Ruth C. Dredden
2/24/1930 ~ 5/3/2023

Marty Fisher
12/2/1942 ~ 5/31/2023

Mary M. Smith
9/18/1936 ~ 5/13/2023

Member Changes

Please add the following changes noted in **bold font** to your records (online or hard copy) as well as saving the New Members list above so that you have updated, accurate information.

Patsy Eavey 63 Ashley Way Myersville, MD 21773 240-409-0234 peavey53@gmail.com	Elizabeth Haller-Henley 7401 Willow Rd Apt214 Frederick, MD 21702-2574 301-644-1592 301-471-1256
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Please make the following email changes.

Anne Pat	Beck	beckpat123@gmail.com
Henry	Bohlander	henrybohlander@yahoo.com
Marilyn	Marrero	marilynivascu1003@gmail.com
Mary	Trunk	Delete email

Please! Please! Please!

If any of your contact information (name, address, phone, email) has changed, please contact us at myfcrspa@gmail.com



"EACH ONE REACH ONE"

You know why you belong to MRSPA and FCRSPA. Talk to a retired friend and Invite him or her to join us. Let your friend know, too! We have learned from new members that personal contact is the most effective approach to recruit new members.

Spotlight on Emeritus

Bernard Brown	Robert Guyton	Min Ricard
Montie Clem	Billy Hodge	Charles Rice*
Roy Clever	George D. Kendrick	Phyllis H. Smith
Basil Eavey*	Kathleen Koons*	Dixie Sterling
Mildred Eichelberger	Shirley L. Lakel	Gloria Thompson
Catherine S. Feaga	Paul Lambertson*	Helen Tognetti*
Mary Fiery	Mary Jane Long	James Watson*
Pauline T. Flanagan	Evelyn Orndorff	Janet Wiles
Kenneth Frushour	Jean Oxley	Beth Wisecup*
	Barbara Pasike	

FCRSPA is blessed and fortunate to have confirmed 28 members who have reached the milestone of their 90th birthday, adding seven(*) new members to this elite group for 2023. Below are mini-biographies which were submitted this year.

If you know of anyone who should be on this list but is not, please notify
Debbie Thackston, Membership Co-Chair.

On September 20, 1926 **Basil Eavey** was born which makes him almost 97 years old! Basil began his teaching career in Rockingham County, VA and eventually came to Governor Thomas Johnson High School in 1986. His very first assignment was as the Secretary to the Superintendent of Schools at which time his salary was \$2,000 per year! In Virginia, Basil taught Math, Social Studies and Business. Basil also supervised student teachers from James Madison University (at that time Madison College). Prior to his career in education, he served in the Philippine Islands during World War II. In his retirement, Basil has enjoyed going on Mission trips to Kentucky, Puerto Rico and Granada through his church.

Kay Koons turned 90 years old on April 11, 2022! She began her career as the librarian at Urbana Elementary School and ended her career in 1990 as the librarian at Lewistown Elementary. She loved the fact that in that role, she came in contact with many children as she saw every class of students. In her retirement, Kay has enjoyed volunteering.

Paul Lambertson celebrated his 90th birthday on October 21 and reports that he still enjoys biking and gardening in his retirement. He began his career at Thurmont High School, which eventually changed to Catocin High School. He retired from teaching at that school in 1986 serving over 30 years with FCPS.

On April 10, **Charles Rice** will celebrate his 90th birthday. He began his career at Elm St School in 1955 and ended his career at Thurmont Middle School in 1992. Shortly after beginning his teaching career, Charlie was drafted into the Navy and served there for two years, after which he worked at Fairchild Aircraft as an Engineer. He returned to teaching and really enjoyed 21 years at Thurmont Middle as a counselor. For the past twenty years, Charlie has volunteered at nursing homes, senior functions and churches playing the keyboard and tenor saxophone!

On August 28, 2022, **James Watson** turned 90 years old. James began teaching at East Frederick Elementary in 1976 and ended his career at Middletown Middle in 1998. In his retirement years, he enjoys walking, playing tennis, travel and spending time with his children, grandchildren and great grands.



MRSPA Membership Application (Please Print)
(New Members Only)

Name _____ Date of Birth _____

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Cell Phone _____

Email _____

Your Position at Retirement:

Administrator/Supervisor

Non-Certificated/Support Staff

Teacher/Other Certificated

Other _____

Retired from _____ Date of Retirement _____
(County/Local)

Payment Options:

Dues Deduction from pension authorization. I hereby authorize annual dues deduction from my retirement check or deposit. This authorization shall remain in effect until I revoke it. By authorizing dues deduction, I will receive a one-time \$10 reduction in my state dues. (see chart on the back)

Signature _____ Date _____

(Social Security Number Required) _____

Forms with Social Security #'s are destroyed when MRSPA is notified of dues deduction.

Enclosed is a check made payable to MRSPA.

I prefer to pay by credit card. Please go to www.mrspa.org

Signature: _____ Date _____

Do not share my information with member benefits providers.

I prefer to receive the MRSPA Newsletter electronically.

Referred or Recruited by _____

Return completed form to:

MRSPA
8379 Piney Orchard Pkwy Suite A
Odenton, MD 21113

<i>Local and MRSPA Dues</i>				
	Local Dues	MRSPA Dues	Total Dues	Total for Dues Deduction Only
Frederick Co.	\$10	\$45	\$55	\$45

The MRSPA Membership year is July 1 through June 30



MARYLAND RETIRED SCHOOL PERSONNEL ASSOCIATION
8379 Piney Orchard Parkway, Suite A
Odenton, MD 21113-1508

SWITCH AND SAVE!

AUTHORIZATION FOR ANNUAL DUES DEDUCTION

I hereby authorize the Maryland State Retirement Agency to deduct state and local annual membership dues for the Maryland Retired School Personnel Association from one of my retirement checks each membership year. This authorization will remain in effect until cancelled by written notice by me. I understand that my full social security number is required, if I wish to become a dues deduction member.

Print Name _____ SSN: _____

Signature: _____ Date: _____

Please mail this form to the Odenton, MD address above.

Local Association Dues
Frederick County ~ \$10

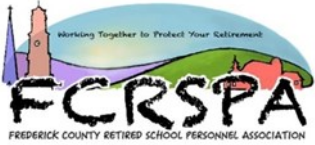
MRSPA dues \$35* + Local Association dues \$10 = Total Membership Dues \$45

*Switch and Save dues deduction members will receive a one-time \$10 reduction in state dues.

MRSPA dues is \$35 the first year and \$45 per year thereafter.

(Recurring Dues deduction is made once/year from the July 31 pension check.)

If you would prefer not to mail your social security number, you may call the MRSPA Office at 410-551-1517 or toll-free at 877-625-6782 to relay your number. You will still need to print and mail the authorization form with your signature.



FREDERICK COUNTY RETIRED
SCHOOL PERSONNEL ASSOCIATION

8101 Claiborne Ct.
Frederick, MD 21702

Our FB page provides up-to-date, FCRSPA-related news and reminders. If you are a FB member, you should be able to find our page by going to FaceBook, then Groups, then typing FCRSPA in the search bar. All requests will be vetted against our membership roster.

Currently we have **250** members who have joined our page.

*Please join us and ask others
to join us!*

